

Turnstone Adult Day Services MEMORY CARE PROGRAM



participate in planned, individualized activities. These activities include:

- Adaptive sports and recreation
- Sensory stimulation
- Exercise/fitness opportunities
- Recreational activities
- Memory stimulation
- Creative arts
- Music
- Intergenerational opportunities

The ADS Memory Care program is open Monday through Thursday 8 am to 4:30 pm and Friday 9:30 am to 4 pm.

Turnstone's fees may be billable to CHOICE, VA, or Medicaid Waiver. A sliding fee scale is available for those individuals unable to afford program fees by submitting proof of household income. (Contact a Turnstone social worker for assistance.)

To find out more:

Call Turnstone at **(260) 483-2100** to speak with a case manager for the Adult Day Services Program. She will answer questions and initiate the process for scheduling an assessment.



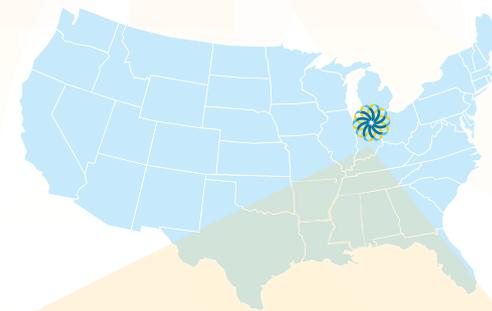
Turnstone offers a Memory Care option as a part of the agency's Adult Day Services program. Qualification for enrollment will be determined on a case by case basis, and an Individual Service Plan based on the client's skills and strengths will be developed. Clients must have a dementia diagnosis and live in the community with caregivers, and/or family members.

Caregivers can relax, knowing that their loved ones are in a safe environment and enjoying time away from home with their peers and having their needs met. Turnstone's Memory Care program provides a safe, home-like environment with memory boosting activities that maximize functional performance in areas such as cognition, health, mood, and behavior. Nutritious lunch and snacks are provided. The program offers the opportunity for clients to socialize with peers and



Turnstone

Creating possibilities.

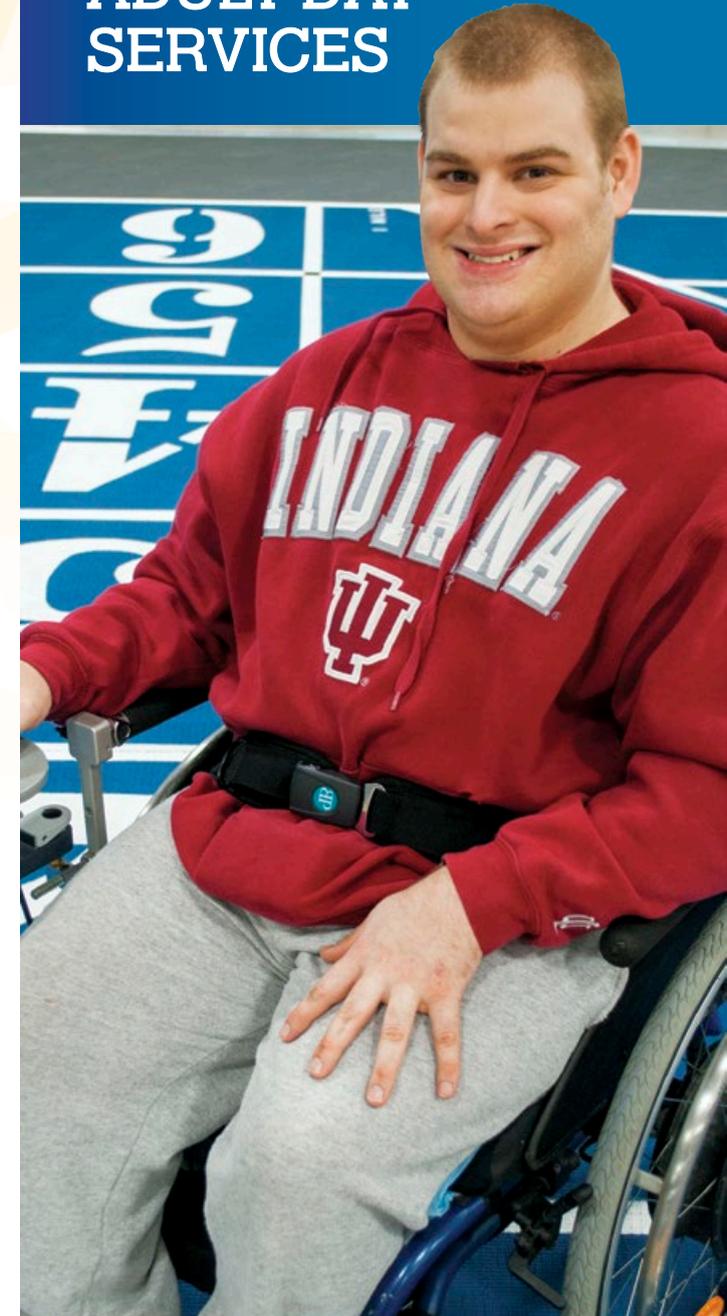


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ADULT DAY SERVICES



Turnstone

CREATING POSSIBILITIES
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- Multiple sclerosis
- Spinal cord injury
- Parkinson's disease
- Other neurological or orthopaedic diagnoses

In addition to providing a safe and structured programs for individuals living alone, Turnstone also provides respite for family members. While the loved one is at Turnstone, caregivers have the opportunity to take care of other responsibilities. They can be assured their loved one is enjoying meaningful activities.

The ADS program has a full time LPN and activity staff certified in CPR, First Aid and use of a defibrillator. Staff can also provide personal assistance with eating and toileting.

Types of Activities

Turnstone's Adult Day Services activities are therapeutic, engaging and fun. Common activities and services offered include...

- Adaptive sports and recreation
- Guest speakers
- Ceramics, arts and crafts
- Health and wellness programs
- Bingo, Wii, and other games
- Music activities
- Cooking classes
- Intergenerational activities
- Nutritious meals and snacks

Therapy & Case Management

From the first phone call, an Adult Program case manager will assist you in accessing services at Turnstone and coordinating

transportation. As a member of the ADS program, you will speak with your case manager at least quarterly. Turnstone case managers are knowledgeable and can assist in connecting you to other appropriate community services.

If therapy services are needed, appointments can be scheduled in coordination with other program activities.

FAQ's

How Do I Get Started?

Call Turnstone at (260) 483-2100 and ask to speak with a case manager in the adult program.

Who Is Eligible?

Turnstone has specific program eligibility requirements. Agency case managers will help determine if the program is a proper fit for you or your family member.

What Are Your Hours?

Turnstone's Adult Day Services program is available Monday through Thursday 8 am to 5 pm and Friday 9:30 am to 4 pm. ADS participants may attend the program a half or full day.

What Are Your Fees?

ADS fees may be billable to CHOICE, VA or Medicaid Waiver. A sliding fee scale is available for those individuals unable to afford program fees by submitting proof of household income.

Why Turnstone?

Founded in 1943, Turnstone's mission is to provide therapeutic, educational, wellness and recreational programs to empower

people with disabilities. Turnstone's non-residential Adult Day Services (ADS) program began in 1976.

Turnstone's ADS program provides...

- Quality, community-based support to those who need assistance, supervision or are socially-isolated in their homes.
- Superior care, companionship and support in a safe, accessible environment that fosters independence.
- Experienced, kind and caring staff.
- Ongoing assessments and a written plan of care to ensure the needs and interests of ADS program participants are met.
- Socialization and recreational activities.
- Respite care for caregivers

Contact a case manager in Adult Services to schedule a tour of Turnstone and learn more about its Adult Day Services program at **(260) 483-2100** or visit Turnstone at **www.turnstone.org** for more information.



About Turnstone

Turnstone empowers people with disabilities to achieve their highest potential by providing comprehensive services and programs. The agency's programs and services evolve and expand to respond to the needs and desires of people with disabilities and their families throughout our regional community.

Turnstone is where disabilities are turned into possibilities.

Why Adult Day Services

Turnstone's Adult Day Services program is designed to maximize the independence of each program participant and encourages socialization among clients. Turnstone's program is the only one of its kind—designed specifically for adults living with physical disabilities, such as...

- Amputation
- Stroke
- Traumatic and acquired brain injury