



Turnstone

CREATING POSSIBILITIES. MAXIMIZING POTENTIAL.

ANNUAL REPORT 2015 - 2016



Carol Moore has been a Turnstone client for two years. She participates in the Adult Day Services program and exercises in our Health & Wellness Center.



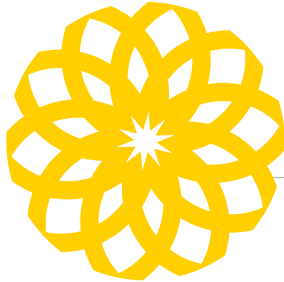
OUR MISSION

Turnstone's mission is to provide therapeutic, educational, wellness, sport, and recreational programs to empower people with disabilities.



OUR VISION

At Turnstone, we empower people with disabilities to reach their full potential in every aspect of life. Turnstone evolves and expands to respond to the needs and desires of people with disabilities and their families throughout our local and regional community. We are guided by the vision that one day, all people will live, work, learn, and play in a community based on abilities.



WE ARE TEAM TURNSTONE

The past year was an ongoing celebration at Turnstone. As I look back on all we accomplished, it's clear what's most worthy of celebration is our people—everyone who is part of "Team Turnstone."

When I mention Team Turnstone, the first thought that may come to mind is our athletes—and rightfully so. Our world-class fieldhouse, the Plassman Athletic Center, opened shortly after the start of our fiscal year. We established the Goalball Center for Excellence and a residence program for visually-impaired athletes in partnership with the United States Association of Blind Athletes. This fall, we cheered on our 2016 Rio Paralympians, including Jared Arambula, Jeff Butler, Tom Davis, and the USA Men's Goalball team.

However, Team Turnstone is about more—much more—than athletics.

Our clients and their family members—like Mallory Short, who you'll read more about in the pages that follow—are among our most important team members. Mallory is an inspiration to everyone at Turnstone and her peers in our Lap Club, Speech Camp, and the Kimbrough Early Learning Center. She embodies the Turnstone tagline, "Creating Possibilities."



Our staff and volunteers are also central to Team Turnstone. This fiscal year they served an additional 498 clients as a result of the Plassman Athletic Center opening, expanded space for the Adult Day Services' new Memory Care program, and increased awareness of Turnstone. I am proud

to say that few organizations have people as dedicated as ours, as demonstrated by their continued excellence, compassion, and achievements.

There's one final component that makes team Turnstone truly unique, however—and that's you. Whether you made a financial contribution to Turnstone in the past year, gave your time, referred clients who needed our services, assisted our clients, or advocated for our mission; you are one of Team Turnstone's most valuable players. Our legacy is one of people working together toward the common goal of empowering people with disabilities. Our recent history shows that our work is more important than ever before. Our inspiration is your continued support. Everything we have accomplished, and all we hope to do in the coming year, is the direct result of you and everyone who makes Team Turnstone special. Your continued support is needed, appreciated, and will be used to create more possibilities.

Thank you for being part of Team Turnstone—and thank you for a tremendous year!

Sincerely,

Mike Mushett, CEO



Turnstone's athletes who participated in the 2016 Rio de Janeiro Paralympics include (clockwise from top) the U.S. men's goalball team, Tom Davis, Jeff Butler, and Jared Arambula.



From Turnstone to the **World Stage:** Athletes compete at the 2016 Paralympics in Rio

When Jared Arambula was just 13 years old, he began playing wheelchair basketball at Turnstone. He was a lot like other kids involved in sports.

"I had a really good coach and built some lasting friendships," says Arambula. "It was an awesome experience."

Where athletics has taken him since, however, is well beyond what most athletes will ever know. In September, he earned a gold medal at the Rio de Janeiro Paralympics, joining several Turnstone athletes in competing on the world stage.

"My whole life had been leading up to that moment," he says. "I've always wanted to be a Paralympian."

Turnstone has made the dreams of others like Arambula a central part of its mission, serving as one of only ten gold level participants in the Paralympic Sport Club Excellence Program in the United States. Turnstone's facilities also serve as the full-time training center for the USA men's goalball team, which finished the Rio Paralympics with a silver medal.

"Turnstone provided us with a place to train to truly become the best in the world," says goalball team member Matt Simpson.

Prior to coming together at Turnstone, the players were spread out across the United States with very limited opportunities to train as a team.

"The facility and staff of Turnstone were absolutely crucial to us achieving the silver medal," says Simpson. "We worked with the strength and conditioning staff to reach our physical potential, and having a court to train on every day allowed us to perfect our sport like we had never been able to before."

Simpson has been a member of the USA men's team since 2011, the culmination of a lifelong dream of representing his country as an athlete. Besides the medals and glory that comes with winning in the most competitive atmosphere, Simpson believes that sports, at all levels, are a crucial outlet for people with disabilities.

"Every person should have the opportunity to strive for victory and learn from defeat, but all too often, people with disabilities are not given these chances," he says. "Sports allow all of us, able-bodied and disabled alike, to truly test the limits of our minds, bodies, and spirits."

Jeff Butler, another Paralympian, had some of the same dreams as Simpson after getting an early start at Turnstone. The Fort Wayne native and Homestead High School graduate started coming to Turnstone in 2004. His commitment to intensive training ultimately gave him a competitive edge in wheelchair rugby, leading him to the Parapan American Games in Toronto in 2015. The highlight of Butler's athletic career, however, was joining Team USA in Rio, where he and his team earned a silver medal.

"Training at Turnstone set me up for a successful career in athletics," Butler says. "Having that base to grow on definitely attributed to my success."

Butler also praises Turnstone for its incredible facility.

"Their biggest service is having a dedicated facility and staff for people with disabilities," he says. "That's really rare to have and it's incredibly useful."

Even when they have access to the best facilities, however, athletes ultimately must outwork their opponents if they hope to win. This becomes clear when you consider Tom Davis' road to Rio. After taking up cycling as part of his rehabilitation from a combat related injury, Tom went on to compete in five national championships from 2012 to 2015, placing sixth and tenth in the 2014 World Championship.

"That was good, but not good enough to qualify for Rio," says Davis. "In December 2015, I really stepped up my training for these games."

The intense training and tenacity paid off. Davis won two silver medals in the 2016 Ostend Belgium Cup. Then he went on to place fifth at the Rio Paralympics time trials and sixth in the road race. Davis is thankful for the support Turnstone offered during these crucial years of training by helping to secure equipment and funding, as well as setting up a strength and conditioning program.

"Training at Turnstone set me up for a successful career in athletics. Having that base to grow on definitely attributed to my success."

- JEFF BUTLER

In addition to the hands-on care during training, the staff of Turnstone went above and beyond to emotionally support Davis by showing up at some of his races to cheer him on.

"They have been so vocal in supporting me through emails, Facebook, and in person," he says.

Perhaps because of these lessons and their experience at Turnstone, many of these athletes are committed to inspiring the next generation of Paralympians, through words of encouragement and sharing what can result from hard work and dedication—a Paralympic medal. With that kind of commitment, it's clear that Team Turnstone is truly world-class—both as competitors and beyond.



Leading with a Smile



WITH A LITTLE HELP FROM TURNSTONE, MALLORY SHORT IS OVERCOMING CONSIDERABLE OBSTACLES

Mallory Short doesn't just light up the room. Her smile serves as a beacon, reminding everyone who sees her to enjoy the simplest joys in life—even when faced with serious obstacles.

"No matter what she goes through," Mallory's mother Erica Walker says, "she has a smile on her face."

Mallory was born with hemimegalencephaly, a rare neurological condition in which one side of the brain is abnormally larger than the other. Soon after her diagnosis, Mallory underwent multiple surgeries to remove the left side of her brain, which controls speech, motor skills, comprehension, left-side vision and hearing, and the muscles on the right side of the body. Erica knew her daughter would face a lifetime of challenges, so she turned to Turnstone when Mallory was just 12 weeks old. That decision has ensured that Mallory and her family have many more reasons to smile.

"Turnstone has been amazing for us," Erica says. "It's been the one thing that has stayed constant in our lives."

Erica says her daughter, now five years old, has progressed exceptionally well. Turnstone staff members were at Mallory's side for her first words, her first steps, and her first run. Erica can't imagine living somewhere without a team like the one that has given Mallory the chance to reach so many developmental milestones. And while Mallory's diagnosis is a big part of her life, her experience at Turnstone ensures that it doesn't define her.

One prominent example is her participation in Turnstone's pediatric therapy program. Although Mallory has gone through rigorous therapy to be as successful as she is, Turnstone has made the process fun. She gets to play, see her friends, and get one-on-one attention.

"She would not be where she is developmentally without Turnstone, no doubt about it," Erica says about Mallory. "She has worked very hard, and she enjoys coming here."

No matter what she goes through, she has a smile on her face.

Erica says it's incredible to see how much Turnstone's people care about her daughter. Ever since that first day five years ago, Erica has felt welcomed, and the staff has been there for her family physically, emotionally, and spiritually. They have also given Erica helpful tips to continue Mallory's progress while at home.

"Turnstone is always thinking a couple steps ahead of us," Erica says. "They can foresee what is coming and address it."

Erica's hopes for Mallory are the same as those for her other children. She wants her daughter to be successful, however she defines that for herself, and to learn to advocate for herself so her dreams become a reality. Turnstone has opened multiple doors of possibility for Mallory, and she will continue to walk through them—always leading, of course, with a smile.



Turnstone by the numbers

ADULT DAY SERVICES (ADS)

92% ABLE TO REMAIN IN THEIR HOMES BY ATTENDING ADS

22,929 hours OF SERVICE PROVIDED FOR **100 ADULTS** WITH DISABILITIES

100% OF CLIENTS PROGRESSED TOWARD THEIR INDIVIDUAL GOALS

KIMBROUGH EARLY LEARNING CENTER (KELC)

65 children AGES 2 -12, RECEIVED **42,723 HOURS** OF BOTH FULL DAY AND BEFORE AND AFTER SCHOOL EDUCATIONAL PROGRAMMING

100% of the children WHO COMPLETED THE **10 MONTH** PROGRAM MET THEIR GOALS

CASE MANAGEMENT

4,357 hours PROVIDED TO **1,314** INDIVIDUALS AND THEIR FAMILIES

THERAPY SERVICES

11,672 HOURS OF SERVICE TO **360** CHILDREN

957 HOURS OF SERVICE TO **103** ADULTS

87% of children DEMONSTRATED PROGRESS TOWARD THEIR GOALS

97% of adults DEMONSTRATED PROGRESS TOWARD THEIR GOALS

SPORTS & RECREATION

12,411 hours OF ADAPTIVE SPORTS & RECREATION PROGRAMMING PROVIDED FOR **230 CHILDREN AND ADULTS**

96% agreed or strongly agreed that sports improves their quality of life

HEALTH & WELLNESS

96% of clients REPORTED INCREASED OR PROGRESSING STRENGTH, ENDURANCE, FLEXIBILITY, AND OVERALL HEALTH AND WELLNESS

753 children and adults RECEIVED **20,634 HOURS** OF SERVICE

498

NEW CLIENTS SERVED

ADDITIONAL SERVICE HOURS
VS. LAST YEAR

8,188

OUR ECONOMIC IMPACT

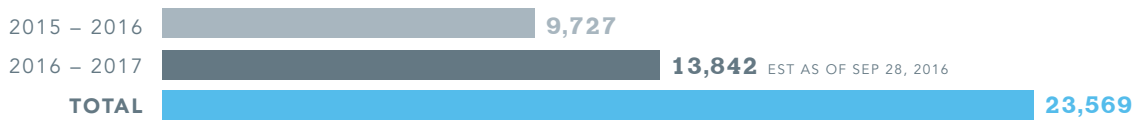
For more than 73 years, Turnstone has had a positive impact on our clients, their families, and the communities we serve. Our work also has an impact on our local economy, with 70 percent of Turnstone athletes pursuing postsecondary education—a rate higher than the national average and Indiana’s Big Goal Collaborative Vision for 2020.

Our economic impact became even more significant with the opening of the Plassman Athletic Center in September of 2015. The 125,000-square-foot addition—made possible by our donors through capital donations and continued gifts to sustain our programs—has already yielded significant financial benefits to greater Fort Wayne. This impact is projected to grow even larger in the future. Here’s a look at the numbers:

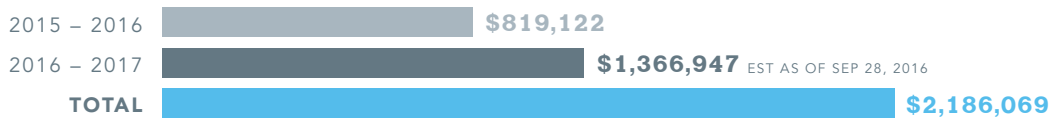
NUMBER OF EVENTS HOSTED



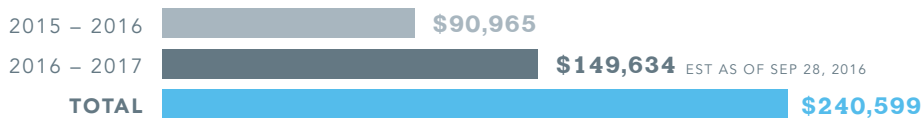
ATTENDANCE, TURNSTONE & RENTAL EVENTS



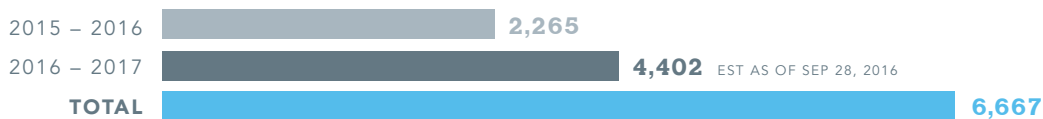
ESTIMATED DIRECT ECONOMIC IMPACT OF TURNSTONE EVENTS ON THE LOCAL ECONOMY*



ESTIMATED LOCAL TAXES GENERATED BY TURNSTONE EVENTS*



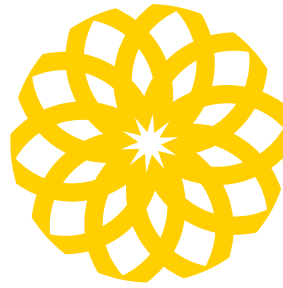
EVENT HOTEL STAYS GENERATED BY TURNSTONE EVENTS*



*ESTIMATED BY VISIT FORT WAYNE



OUR PROGRAMS & SERVICES



ADULT DAY SERVICES (ADS)

Turnstone's Adult Day Services is the only program in the region that meets the unique needs of adults and veterans with physical disabilities. The program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). ADS added a Memory Care program in 2016. ADS and Memory Care activities are designed to increase independence and socialization, while offering respite for the family.

CASE MANAGEMENT

Turnstone's licensed case managers are the first point of contact for those who inquire about our services. They provide referrals and support to help clients access agency services and other community resources to help them achieve a greater level of self-sufficiency.

HEALTH & WELLNESS

Turnstone's Health & Wellness program consists of two warm-water therapeutic pools and a fully-accessible fitness center. Turnstone's pools are equipped with a hydraulic lift and are fully accessible. The fitness center is complete with adaptive strength training and cardio equipment. Turnstone is a Silver Sneakers provider. We also provide several other specialty programs, including a Parkinson's exercise group and Youth Fit.



KIMBROUGH EARLY LEARNING CENTER (KELC)

The Dr. Robert Kimbrough Early Learning Center is a full-day child-care with before and after-school care program for children of all abilities. The program is inclusive, utilizes the HighScope Curriculum and provides a safe, accessible, child-centered environment. The KELC is a Level 3 Paths to Quality provider and licensed by the state of Indiana.

SPORTS & RECREATION

Turnstone is one of just ten Gold Medal Paralympic Sport Clubs in the United States and is proud to be the home of the Goalball Center for Excellence, the training site for the USA Men's National Goalball Team that participated in the 2016 Rio Paralympics.

Turnstone offers numerous competitive adaptive sports and recreation programs for children and adults with disabilities. Currently, Turnstone is home to two wheelchair basketball teams, two power soccer teams, and two sled hockey teams. Other activities include wheelchair tennis, wheelchair rugby, archery, boccia, goalball, track and field, and adaptive golf.

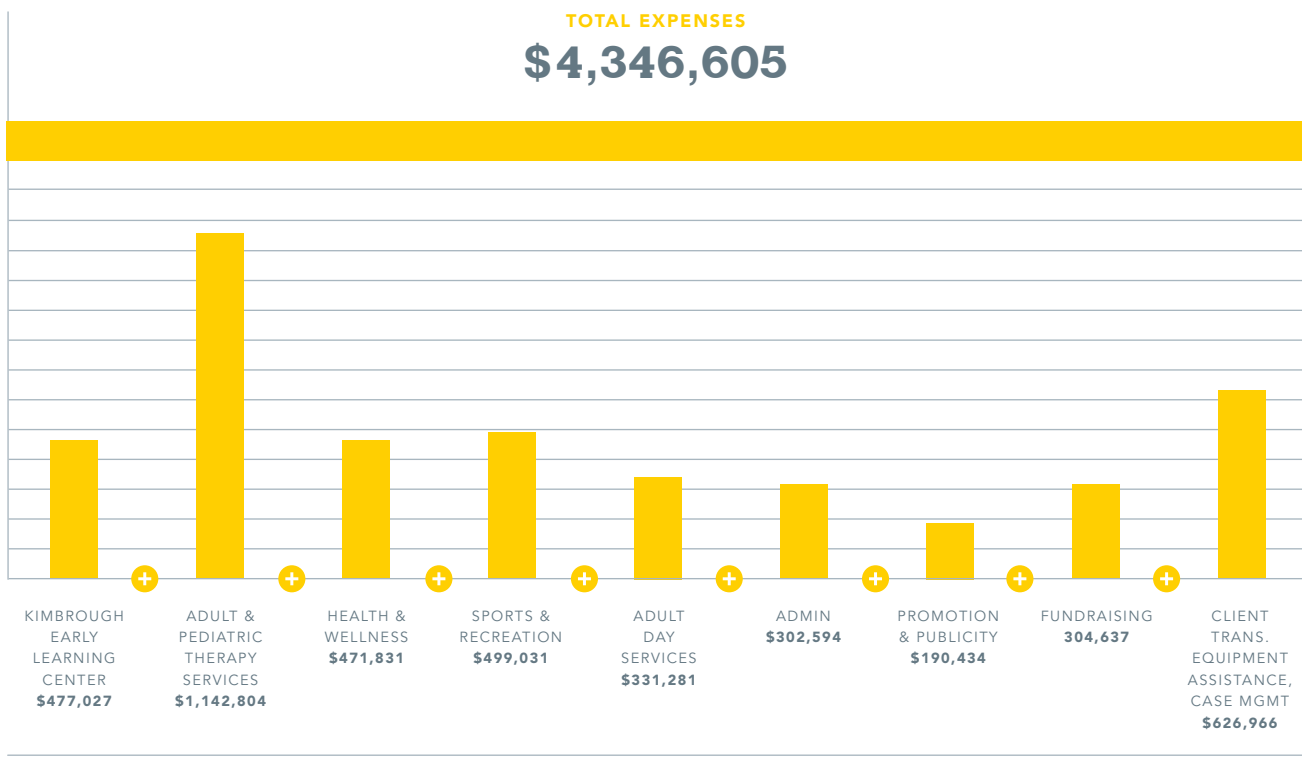
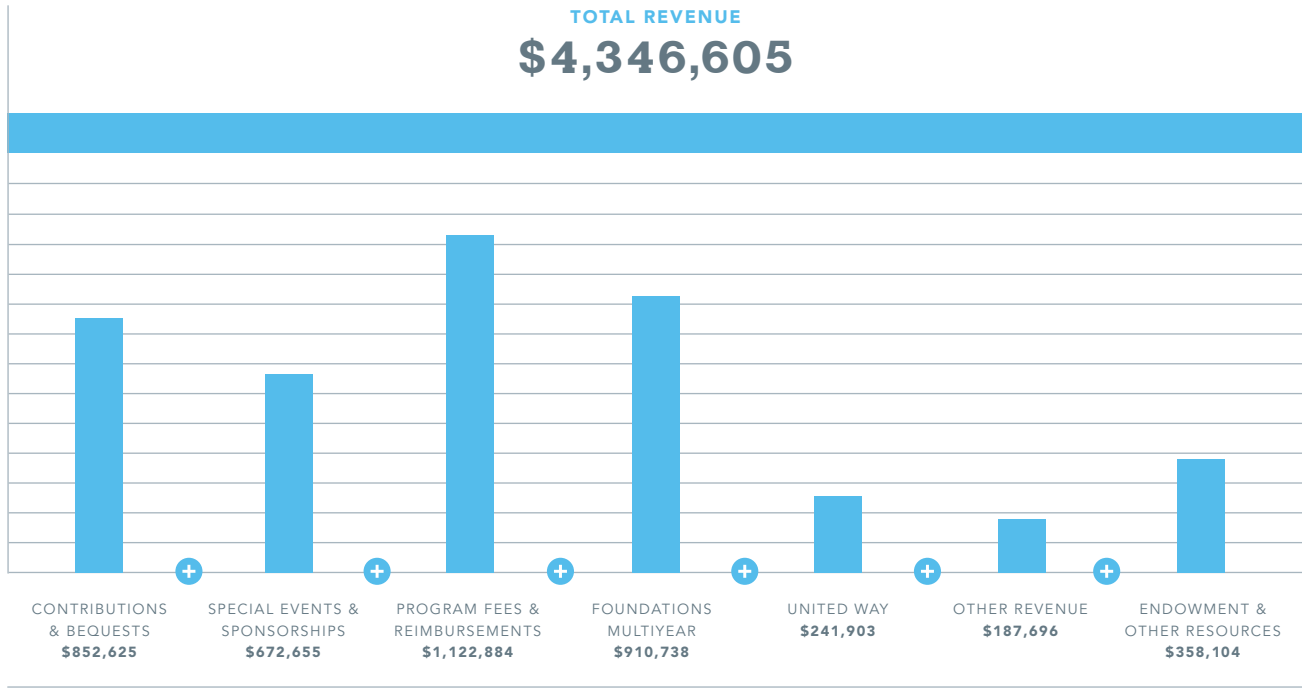
THERAPY SERVICES

Turnstone provides speech, occupational, physical, and aquatic therapy services for children and adults of all ages. Therapists work in tandem with other agency services to provide a continuum of care unmatched in our community. While the therapy discipline may differ, the ultimate goal remains the same: empowering children and adults and helping them maximize their independence.



FINANCIAL OVERVIEW

Turnstone's fiscal year is July 1 to June 30. Below is a review of our operating expenses and revenue for 2015–2016.





OUR LEADERSHIP



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CHIEF OPERATING OFFICER

DENISE HUGHES

CHIEF PROGRAM OFFICER

LAURA RAMSEY

CHIEF FINANCIAL OFFICER

RUTH STONE

CHIEF DEVELOPMENT OFFICER

* THESE BOARD MEMBERS HAVE COMPLETED THEIR TERMS.
WE THANK THEM FOR THEIR SERVICE.



SAVE THE DATE

**INAUGURAL
TURNSTONE
MILE**

FEBRUARY 11, 2017

Kick off a healthier year with this fun one-mile run, walk, and roll. All abilities welcome!

**BOARD OF
DIRECTORS'
GALA**

**JUNE 15, 2017
5:30 - 9:30 PM**

Bring out the sparkle and the suits for Turnstone's signature fundraising event featuring dinner, entertainment, a unique live and silent auction, and a special mission moment shared by a Turnstone client.

**14TH ANNUAL
CLASSIC CORVETTE
RAFFLE**

MAR - OCT 2017

Buy a ticket to be the lucky winner and create possibilities for people with disabilities!

**8TH ANNUAL
JERK
INVITATIONAL
GOLF OUTING**

**AUGUST 2017
SHOTGUN START 8:30 AM**

Fore! In partnership with the JERK League, all proceeds from this casual and fun 18-hole golf scramble benefit Turnstone.

**42ND ANNUAL
CASINO NIGHT**

**MARCH 11, 2017
7 - 11 PM**

Roll the dice and play your card at this community favorite that features blackjack, Texas Hold'em, bingo, a silent auction, raffle baskets, food, drinks, and tons of fun.

**2ND ANNUAL BIKE
FUSION BIKES,
BREWS AND MUSIC**

**MAY 5, 2017
5 - 9 PM**

Join bike and fitness enthusiasts and community groups to kick off the start of the summer cycling and running season. You can even test ride a new bike on our indoor track!

**FOR A COMPLETE LIST OF
UPCOMING EVENTS, PLEASE VISIT**

Turnstone.org





FISCAL YEAR 2015–2016 DONOR LIST

Thank you to our generous donors who gave to Turnstone between July 1, 2015, and June 30, 2016. A complete list of donors, including In-kind Donors, Corvette Donors, and Donors under \$250, can be viewed at Turnstone.org.

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 Franklin Electric Foundation
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 iAB Financial Bank
 Indiana Michigan Power/AEP
 K & K Insurance
 Kevin & Vicki Leininger
 Marcia & Arthur Litton II
 Rick & Linda McCampbell
 Harold & Rachel McMillen Charitable Trust
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 Brad & Elizabeth Sturges
 Sturges Development Group
 Superior Van & Mobility
 The Hoppy Gnome
 Mary E. Van Drew Charitable Foundation
 Bob & Irene Walters
 Waterfield Foundation
 Wells Fargo Bank



LEGACY SOCIETY

Turnstone's Legacy Society recognizes and honors those thoughtful and generous individuals who have provided for Turnstone's future in their wills, trusts, and other estate plans.

Drew & Rachel Achenbach
 Jeremy & Tina Alexander
 Thomas & Kristi Archbold
 Adam & Elizabeth Augustine
 Thomas Baumgartner
 Dave & Merc Bear
 Dave & Annie Bobilya
 James Buchholz
 Skip & Connie Campbell
 Mike & Leslie Carr
 Josh & Bethany Clapper
 Kelly & Beth Clevenger
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Indiana Youth Institute, Inc.
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JAT of Fort Wayne, Inc.
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Melissa Stout
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Robert Sullivan
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Patricia Urban
Tim & Veydra Van de Leur
Edye VanHouten
Visit Fort Wayne
Tom & Barb Wachtman
Althea Watson
Doug & Judith Wintin
Doug & Elise Wood
WYNN EDM, Inc.
Rick Yarian
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Daryl Yost
Jim & Bev Zollinger
Martha & Mike Zurcher

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ON THE COVER

Team Turnstone members (clockwise, starting bottom left) Autry Keener, power soccer athlete; goalball Paralympian and Turnstone Board Member Matt Simpson and his guide dog Lacrosse; Mike Mushett, CEO; Kristen Boon, physical therapist; Vicki Leininger, board member; Cole Connelly, wheelchair basketball athlete and Swim Lap Club participant; Mallory Short, pediatric therapy, child care, and speech camp client.

