



YOUTH FIT

open to individuals
4-8 years old
with a
permanent physical disability
or a visual impairment

Kids can try out different sports and learn how to properly work out. Half the time the kids will be playing a new sport (changes each day) and the other 30 minutes the kiddos will be involved with a group exercise with one of our fitness specialists. This is a great opportunity for kids to try out a sport and see what they like the best.

REGISTER

At your initial visit on becoming an active participant you will be asked to complete an intake form. To register for a Recreational program you **MUST** contact Turnstone's receptionist by visiting them at the Plassman Athletic Center main desk or by calling the main number at (260)483-2100. Payment due upon registration.

FOR MORE INFORMATION

Recreational & Community Programs are planned, coordinated and provided by Turnstone staff member, Kevin Hughes who can be reached for additional information at kevin@turnstone.org or (260)969-7654

Youth Fit Schedule

COURSE	DATE	DAY	TIME	AGE	SPORT	FEE
418SR-01	10.17.2018	Wednesday	5:30-6:30 pm	4-8	Hockey	\$10
119SR-01	1.15.2019	Tuesday	5:30-6:30 pm	4-8	Basketball	\$10
219SR-01	4.17.2019	Wednesday	5:30-6:30 pm	4-8	Baseball	\$10



Fitness (Entrance B-Plassman Athletic Center)

RSVP: REFER TO REGISTRATION INFORMATION ON FRONT OF FLYER