



MEDIA RELEASE

Media Contact:

Kenna Davis
Marketing and Communications Specialist
260-483-2100 ext. 279 or 260-414-2495
kenna@turnstone.org

For Immediate Release: 1/2/17

NEW EVENT FOR TURNSTONE-TURNSTONE MILE

Fort Wayne, IN – Registration is now open for the Inaugural Turnstone Mile, Saturday, February 11, 2017.

Kick start your 2017 fitness goals by participating in the Turnstone Mile!

People of all abilities are invited to run, walk, roll, jog, or sprint a mile—for some, their first mile of the season, for others, their first mile ever. The Turnstone Mile will take place inside the Plassman Athletic Center at Turnstone. Categories are available for youth, beginner, advance, and elite athletes. Everyone is welcome!

Registration is \$30 for all runners, walkers, and rollers. Children age 7-14 registration is \$20. Age groups will be based on 10 year increments. Each event type will be divided into heats based on registration quantities. Exact start times will be available after the registration closes.

In the Elite division there will be cash prizes: 1st place is \$250, 2nd place is \$100 and 3rd place is \$50. In each age division there will be gift card prizes: 1st place is \$35, 2nd place is \$25, & 3rd place is \$15.

All proceeds from this event will benefit Turnstone's mission to empower people with disabilities.

Register for the race online at turnstone.org/mile.

Visit <http://www.signupgenius.com/go/9040b4aacad2ca02-turnstone1> for information on volunteering for the event!

ABOUT TURNSTONE: Founded in 1943, Turnstone empowers people with disabilities by maximizing their independence. The agency's mission is to provide therapeutic, educational, wellness and recreational programs to empower people with disabilities, and it is the only not-for-profit in the region that offers a full range of programs and facilities designed to meet the unique needs of people with disabilities.

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